

No doubt you use the Web to keep in touch with family and friends (across social networks or messaging), to help with your studies or even to play online. If so, you have to watch out for Internet threats.

Here we offer you a description of the main threats and advice on how to avoid them.

# INTERNET IN SAFE HANDS

## TIPS FOR TEENAGERS



## THREATS



## TIPS

### Identity spoofing

Chat and Instant Messaging programs are used by certain individuals - with "unclear" aims, **to contact other people that they do not know**, often assuming the identity of someone else. This is known as identity spoofing.



### Don't share personal information.

With chat and IM programs you can never be 100% sure who you're talking to. That's why **you should never keep people you don't know as contacts and -unless you're sure you can trust the person- never share data** such as your telephone number, address, personal photos or other private information.

### Virus or malicious code

Your computer could be infected by a virus or malicious code **through files, games or documents you have been sent or have downloaded from a website**. Sometimes, simply visiting a dubious website could download a Trojan onto your computer which then steals personal information.



### Keep your computer protected with security software

**Never click directly on any link**. When you communicate via messaging or email, you often receive links inviting you to view information. It is advisable never to click directly on these links, but to type in the address in your browser instead. You should also be careful when you view movie trailers, TV ads or when you download games: These are often used as bait to infect your computer. **Before opening any of these, scan it with an online antivirus or the security product you have installed**. If you're not sure, always speak to your parents. You don't have an antivirus installed?

**Download the most complete protection for your computer, FREE at [www.protectyourfamily.pandasecurity.com](http://www.protectyourfamily.pandasecurity.com)**

### Spam or junk mail

You could receive spam or junk mail through your email account. These messages advertise everything from online casinos to pharmaceuticals, from celebrity news to fantastic job offers. Be careful! **These messages often aim to infect your computer**.



### If you have any doubts, ask your parents teachers or other adults.

When you receive information that you don't understand or you think looks dubious, before you do anything, speak to someone you can trust (your parents or teachers, etc.). **You should never click the links in these types of messages**.

### Cyber-bullying: Child Grooming

We hear increasing reports in the media of **abuse or bullying across the Internet, particularly among classmates**, as well as attempts by strangers to set up meetings with children. This is known as cyber-bullying and child grooming.



### Always be friendly.

**Treat your friends and other people in the same way you would like them to treat you**. If you come across activity or comments that you don't like, tell your parents, teacher or other adults you trust. And don't just stand by and watch, even if you are not the victim.

# INTERNET IN SAFE HANDS

## PROTECT YOURSELF WITH PANDA

On the Internet, there are malicious people who can cause serious problems.

**Be careful!**



Get PANDA ANTIVIRUS  
from your usual retailer or go to  
[www.pandasecurity.com](http://www.pandasecurity.com)